

# Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation



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June Newsletter 2022

[www.kalfusnachman.com](http://www.kalfusnachman.com)

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## It's a Wrap! Legal Matters on the Hampton Roads Show - Celebrates 10 Years!!



## Your June Message From Attorney Paul Hernandez



[Click here to play the video](#)

### Our Offices

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**Roanoke**  
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Roanoke, VA 24012  
540.343.4878

Call 1-888-hurtline or  
visit us  
[www.kalfusnachman.com](http://www.kalfusnachman.com)

We service Virginia and  
North Carolina

### Follow us...



## Stay Safe this Summer

Summer is a time to kick back and enjoy activities with families and friends. To help ensure that your fun in the sun isn't marred by an accident, we'd like to offer the following tips for navigating some of the most frequent sources of summer hazards.

### Hitting the Road

Despite record high gas prices, all forecasts point to the highest numbers of travelers ever planning to get on the road this summer. Whether your vehicle of choice is a car or motorcycle be sure to follow all traffic laws and remember the following:

- Never drive while under the influence of alcohol
- Get set before you leave to avoid distractions like cell phones, GPS, and hungry children
- Slow down and be aware of all that's going on around you

### Bikers Beware

Schools out and that means more children and adults are out on bikes. Protect yourself and others by making sure:

- Bikes are in good repair before taking them out
- Everyone is wearing a helmet
- Appropriate hand signals are used when making turns

### Making a Splash

There's nothing more refreshing than a dip in the pool, lake, or ocean. Unfortunately, however, drowning remains the number one cause of death in children under the age of four, and it's the fifth leading cause for people of all ages. Prevent tragedy by:

- Always having an adult specifically designated to watch children in the water
- Don't dive into unfamiliar waters or a pool whose depth you are unsure of
- Wear an appropriately sized personal flotation device (tubes and noodles don't count!) when boating or if you can't swim

### All Star Injuries

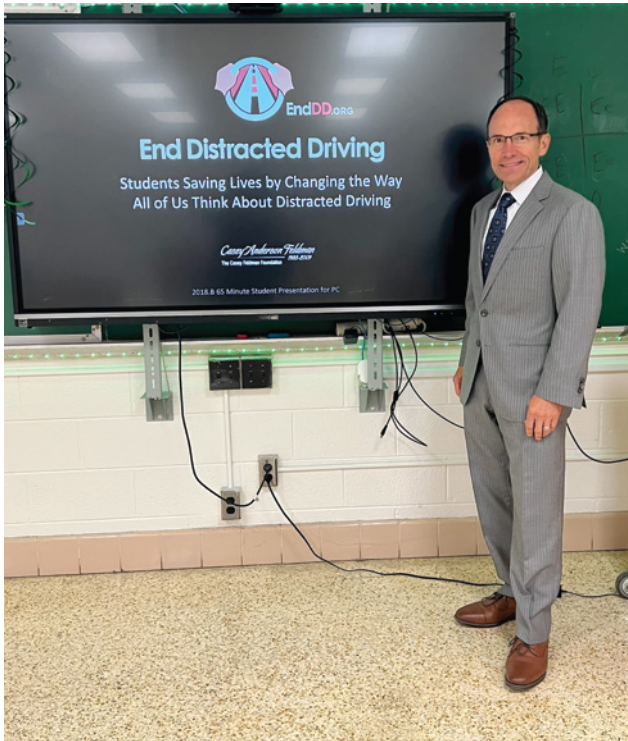
Summer is prime time for baseball, softball, and other sports. Whether you're in a league or at a family barbecue protect yourself from ankle sprains, fractures, and head injuries by:

- Always wear appropriate safety gear and shoes for the sport you're playing
- Check playing fields for holes, divots, and debris before you play
- Drink plenty of water to avoid heat stroke

If you or a family member has been injured in a [pedestrian accident](#), [bicycle accident](#) or [car accident](#) or any [personal injury](#), or has been denied [Social Security Disability benefits](#), it's important to get an attorney experienced in these types of cases involved immediately. Call 888-Hurtline (487-5463) for your initial free consultation. [Kalfus & Nachman PC](#), [Personal Injury attorney in Norfolk](#), can help you determine whether you need a lawyer for any personal injury case.



## Paul Hernandez Continues His Quest to Educate Students on Distracted Driving



**Kalfus & Nachman**

CATCH SOME **FUN** IN THE **SUN**

**Water Park Fun Anyone?**

**4 LUCKY WINNERS WILL RECEIVE A 4-PACK OF TICKETS TO THE WATER PARK OF THEIR CHOICE!!!**

OCEAN BREEZE - WATER COUNTRY USA  
H2O B WATER PARK - SOAK CITY WATER PARK

[Click Here to Enter](#)

**Kalfus & Nachman**

**FOOD LION**

Winners of the **Fill The Fridge**



- 1 JOANNE L.
- 2 TRACY P.
- 3 VICKIE T.
- 4 DEVINE C.
- 5 SUSAN P.



# LAW TIGERS<sup>®</sup>

MOTORCYCLE LAWYERS



Motorcycle season is here, and we have been on the gas! Our regional meeting in the Ozarks was timed perfectly just as the spring event season has come on full throttle. Law Tigers Market Managers were able to meet over three days and share Law Tigers success and create new ideas while enjoying riding our motorcycles through the famed "Pig Trail" of Arkansas. Arriving back, we went straight into the Shenandoah Motorcycle Expo, which produced a huge turnout of motorcycle enthusiasts in Woodstock, Virginia, over three days. Taylor Town Customs hosted Bikes Brews & BBQ with the Busted Knuckle stunt show at Bayside Harley Davidson, and Law Tigers was sure not to miss the party. Custom motorcycles, local BBQ and brews, with a top-notch national stunt show, made for a huge turnout. Downtown Thunder has kicked off their event season with their first event of the season at Jordan Point Marina in Hopewell. We watched as the motorcycles and people poured in for a beautiful night of music and motorcycle at the marina.

### Wedding Bells for John C



*Celebrating*  
 — 20 YEARS —  
 Rene O'Hara



### What Our Clients Are Saying About Us



**Kalfus & Nachman**

**“ Thanks for everything, Neil!  
 Happy with the customer service!  
 - Katrina G. ”**



Neal Schulwolf PR



Participate in our monthly contest and like us on FACEBOOK



**Office Fun at Kalfus & Nachman!  
Celebrating June Birthdays**



**Grilled Chicken Kabobs  
A colorful and easy addition to your 4th of July BBQ**

**Ingredients:**

- 4 skinless, boneless chicken breast halves - cubed
- 1 large green bell pepper, cut into 2-inch pieces
- 1 onion, cut into wedges
- 1 large red bell pepper, cut into 2-inch pieces
- 1 cup barbeque sauce
- Skewers (if wooden - soak in water for 15 min)

**Directions:**

- 1 - Preheat grill for high heat.
- 2 - Thread the chicken, green bell pepper, onion, and red bell pepper pieces onto skewers alternately.
- 3 - Lightly oil the grill grate. Place kabobs on the prepared grill, and brush with barbeque sauce. Cook, turning and brushing with barbeque sauce frequently, for 15 minutes, or until chicken juices run clear.

*Recipe courtesy of allrecipes.com*



# We handle Workers' Compensation Cases



Call us if you've been injured at work!  
**1-888-Hurtline**

## Get a Personalized Printable Certificate!!!

TAKE THE PLEDGE today and immediately receive your printable certificate.  
TAKE THE PLEDGE with your kids, your partner, your friends or your family!

ONE TEXT OR CALL COULD  
**WRECK**  
IT ALL

### TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.

**Kalfus & Nachman**  
Attorneys at Law  
**1-800-HURTLINE**

[Click Here to Take The Pledge](#)



# Thank You **FOR YOUR REFERRAL**

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

## Legal Matters July 20th and 21st



Tune in for a double dose of Legal Matters on  
WAVY and FOX at 10 AM & 11 AM



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## Case by Case July 6th and 7th



Case by Case on WTKR News  
Channel 3 @ 10 am

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